



EXPLORE THE SHORE

VOLUME THREE
Kaipatiki Area Walks

These walks have been compiled by Margaret Scrymgeour who has been involved in walking activities on the North Shore for the last 30 years.

In 1995 she compiled two small booklets of walks for family and friends. These were very well received and the Visitor Information Centre continued to print them for many years. Later the walks were put on the website of Harbour Sport.

In late 2010 the decision was made to reprint the walks in booklet form. Just as this project was about to get underway Margaret met the organisers of the newly established Albany Newcomers Network, which helps new residents engage in activities and form new friendships.

Margaret offered to provide some suitable walks for their walking group. The group's organisers, Albany CoCo Inc, undertook the layout aspect of the booklets.

All of the directions have been extensively 'road tested' and were accurate at time of printing. We thank the many family and friends who have helped out with this task.

Special thanks to Margaret's husband, Dave, for years of support and many hours and kilometres of walking to research the walks.

For further information on these and other walks contact the author on (09) 4795858 or scrymd.m@xtra.co.nz



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DIGITAL LAYOUT
Albany Newcomers Network

COVER PHOTOGRAPH
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Kaipatiki Area Walks

A spectacular coastline and often hidden, bush reserves are outstanding features of this western area of the North Shore.

Less visible, but equally outstanding, are the number of support groups whose members work tirelessly to preserve the unique character of their specific reserve and to improve access and linkages to their surrounding neighbourhoods.

The walks in this booklet provide an introduction to a variety of these areas and include as many walkways and reserves as possible many of which will be a surprise to visitors and locals alike.

An added bonus for locals is that many walkways provide pleasant and useful shortcuts to local facilities such as schools and retail areas and can readily be incorporated into everyday life.

Many innovative projects are currently underway and newcomers to an area might be surprised at how many destinations can be reached without using a car.

Happy walking.



Margaret Scrymgeour
April 2011

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ABOUT THE WALKS

Most walks are circular in nature so can be started at any point or walked in reverse – wherever possible the selected starting point has ample parking and public toilets available.

Many locations are accessible by Public Transport. For information contact **MAXX (09) 3666400** or **www.maxx.co.nz**

The walks take roughly an hour and are designed for a morning or afternoon's outing. However they can easily be extended for those wanting a longer walk.

Times given are a rough guide only and are appropriate for a walker of average speed and fitness, stopping now and then to admire the views. Distances and number of steps are also a very rough guide and for the average walker usually equate to about 1 hour/5km/6000 steps.

Some of the walks include bush tracks, the coastline, flights of steps and walkways which may have been altered by weather, vandalism etc.

While every effort has been made to ensure that all details are correct no responsibility can be taken if changes have occurred, and you should report any dangers or difficulties you might encounter to:

Auckland Council Actionline (09) 3010101



GETTING STARTED

The walks in this booklet are safe walking locations. However for those new to walking a few points to keep in mind are:

- Choose comfortable shoes. Blisters and shin splints are not fun.
- Take plenty of water and sip regularly throughout the walk.
- Sunscreen — even on cloudy days. Don't forget the back of your neck and tips of your ears.
- Build up slowly. Start with the easy grades until you complete these within the allotted time. Take rest stops if you need them — it is not a competition and the views are too good to miss.
- Try and walk with a companion, especially with any walks which veer off the main route. Walking clubs provide an excellent way for newcomers to both socialise and get to know their local areas at the same time.



GRADING OF WALKS

EASY

Mainly level footpaths or graded bush tracks close to civilisation.

SHEPHERDS PARK

EASY to MODERATE

Generally good footing but may include some hilly areas, steps or bush tracks.

NORTHCOTE—TUFF CRATER

OLD NORTHCOTE POINT

CHELSEA HERITAGE PARK

WINDY RIDGE

GLENFIELD COASTAL

MODERATE to STRENUOUS

Includes long and/or steep hills or more challenging terrain.

BIRKENHEAD & LE ROYS BUSH

BEACH HAVEN

HIGHBURY & ESKDALE RESERVE

TOTARAVALA & UNSWORTH RESERVE

NORTHCOTE—TUFF CRATER

6000 STEPS / 5 km / 1 Hour

This surprising and well camouflaged walk follows round the craters of two extinct volcanoes and includes a number of hidden walkways and reserves which often need careful scrutiny to locate – be warned! This is a walk with mainly level tracks and a few short uphill slopes but sections can be very muddy after rain.

EASY TO MODERATE: Start from **Northcote Library, Northcote Shopping Centre**. Parking nearby, toilets available at Northcote Centre by library and **Onepoto Domain**.

START: From **Northcote Library** walk up **Ernie Mays St** turn left into **College Rd**, then cross over and walk along **College Rd** to no **77**. Turn right into the walkway, exit into **St Peters St** and continue to the **Tuff Crater Lookout**. From the lookout take the track to the right and continue round the basin to the grassy area near the motorway overbridge.

Take care here! Facing inland veer left to a small shed (**Pumping Station no 40**). Continue to the right of this building to the near side of the most obvious house. Follow the grass up the left side of their drive. This is the public walkway up to **Heath Ave**.

Walk to the right to **Sylvan Ave**, cross over and turn left. Just past the flats at no **72** turn right into a major track down to **Onepoto Basin**. Take care with the gravelly track. At the bottom continue across the basin through the playground to the access road.

Check the map to get an idea of where you should be aiming for. Walk to the right of the lakes across the grassy area towards trees and a stream. Cross the bridge and continue out to **Tarahanga St**.

Near the lamp post about 100m to the left of the first house across the road are some steps to the path beside the stream. Follow this track into the bush. After 5 mins it reaches a set of steps, ignore these and continue to a second set of steps – go about halfway up then turn left to a poorly defined track with lots of tree roots etc. This track follows the stream and comes out just before **Northcote Tennis Club**.

As you approach **Northcote Tennis Club** turn right and walk round the courts and up their driveway to **Kororo St**. Turn right and near the end of **Kororo St** turn left into the tiny bush reserve up to exit into **Dudding Ave**.

From **Dudding Ave**, turn left into **Exmouth St**, right into **College Rd** and back to the start.



OLD NORTHCOTE POINT

6000 STEPS / 5km / 1 Hour

One of the longest settled areas on the Shore but one which has seen radical changes due to developments in transport. A mixture of delightful old houses, spectacular views and the bustling noise of the Harbour Bridge and Motorway.

The walk takes place mainly on footpaths – a number of alternative starting points available – choose what seems most suitable.

MODERATE: Park in **Belle Vue Ave** – toilets in **Stafford Park** and **Little Shoal Bay**.

START: From **Belle Vue Ave** walk up the hill, turn right into **Queen St**, left into **Faulkner Rd** and left again down **Church St**.

Turn right into **Council Tce** and walk down to **Little Shoal Bay**.

Facing the beach take the path to the left behind the **Scout Den** to exit into **Clarence Rd**. Continue to the right until you reach **Queen St**.

Walk to the right along **Queen St** to the wharf. Take the steps up to the left then veer right along the cliff track to **Northcote Point Reserve**.

Walk round the **Harbour Bridge Works Depot** and out on to the point.

After checking out the views from the point walk back around the other side of the depot, back under the **Bridge** and into **Princes St**.

Continue on **Princes St** to **Beach Rd**, turn right down this narrow street and at the bottom turn right into **Sulphur Beach Rd** and walk round to pass under the **Bridge** approach and out on to the boat ramp.

At the northern end of the boat ramp take the concrete path between the harbour and the motorway for about 200m then turn left down into the tunnel under the motorway to exit into **Tennyson St**.

Turn right into **Alfred St** and veer left at **Stafford Rd**.

Turn right into **Denby Lane** then cross **Stafford Park** back to the start.



BIRKENHEAD & LE ROYS BUSH

9000 STEPS / 7.5 km / 1.5 Hour

A walk with some steep segments but these are well compensated for by the stunning views and unexpected reserves.

STRENUOUS: Start at **Little Shoal Bay**. Toilets available at the **Sea Scouts Building** and ample parking nearby. More toilets at **Birkenhead Wharf**.

START: From **Little Shoal Bay** walk across the 'bridge' at the western end of the bay and up the steep drag of **Maritime Tce**.

Near the top turn left into **Wakanui St**, left again into **Hinemoa St** and continue down towards **Birkenhead Wharf**.

Just before the toilet block take the path to the left down to the waterfront and round to check out the wharf and harbour views.

Start back up **Hinemoa St** for about 100m then take the first track on the left and zig-zag up to **Tizard Rd**.

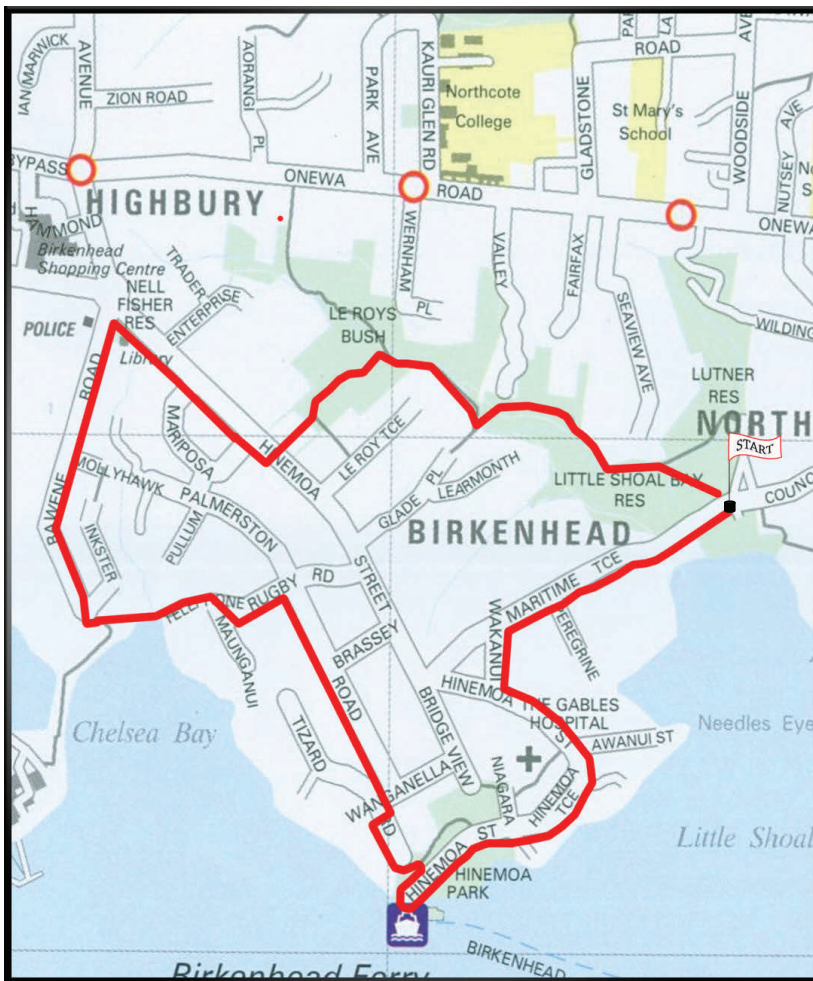
Turn right, walk up to the corner, veer right then immediately left into **Palmerston Rd** and continue up to **Rugby Rd**.

Turn left then right into **Telephone Rd** and near the bottom take the steep **George Giles Walkway** down to **Chelsea Bay**.

Follow the foreshore round and up into the cliff track. Take the first path to the right into the steep climb up to **Rawene Rd** and on up the hill to **Hinemoa St**.

Turn right and walk down **Hinemoa St** to house **137A**, turn left and take the grassy signposted path down to **Le Roys Bush**. Follow the track down through the bush and across the stream to the track junction.

Take the path to the right and follow the track and boardwalks alongside the stream to reach the grassy area of **Little Shoal Bay Reserve** and the start.



CHELSEA HERITAGE PARK

6000 STEPS / 5km / 1 Hour

Chelsea Heritage Park is worth a visit of its own. The park is well signposted and an excellent brochure is available at the Chelsea Refinery carpark. It also provides links to Chatswood Reserve and Kauri Point Centennial Park.

This walk along the cliffs to Kauri Point Centennial Park is an interesting option.

MODERATE TO STRENUOUS: Park in the grounds of **Chelsea Sugar Refinery** – no public toilets available.

START: From the **Refinery** parking area walk back to the entry then at the hairpin bend take the private '**NO ENTRY**' road to the left .

About 300m up this road and just after the '**Chelsea Estate Heritage Track**' sign turn left onto the coastal track through the trees.

Note that this is private land and could be closed if required.

Follow this track taking in some of the viewing spots until you reach a 'T' junction. (about 25 mins to here).

Turn left towards **Kendall Bay** and decision time.

At this point :

Either: Follow the tracks of your choice down to **Kendall Bay** to explore further before retracing your steps back to **Chelsea Heritage Park**.

Or: Retrace your steps and explore **Chelsea Heritage Park** further.



BEACH HAVEN

9000 STEPS / 7 km / 1.5 Hour

This is a walk with great views. It is more suitable for confident walkers who can cope with a number of very steep walkways and cliff tracks. ***Always check that the tide will be well out as the stream to the north of Island Bay can be impassable at High Tide and/or after heavy rain.***

STRENUOUS: Park in **Rangitira Rd** near **Teal Cres**. No toilets available.

START: Walk down **Rangitira Rd** and turn left into **Aeroview Drive**.

Near the bottom turn left into **Amelia Pl** and then left again at houses **8 & 10** into the walkway through to **Oruamo Pl at houses 19 & 21**. Walk slightly left then turn right and right again into **Dakota Ave**. Continue to your right into **Keith Smith St** and near the beginning of **Neptune Ave** turn right into the playground of **Neptune Ave Reserve** and follow the track right down through the bush to the water.

A few metres across the grassy area turn left up the fairly rugged track (steep with tree roots etc) to **Sispara Pl**. Walk up **Sispara**, turn right into **Telstar St** then left at houses **38 & 43 Telstar**.

Exit between **81 & 70 Rosecamp Rd** (***to experience one of the steepest walkways on the Shore turn left between 31 & 33 Rosecamp, turn right into Teal Cres right into Rangitira and resume walk***) otherwise continue on Rosecamp back to Rangitira Rd.

Walk right along **Rangitira Rd** then right again into the beginning of **Hadfield St**. Turn right into **Jacaranda Ave** and continue into **Brigantine Dr**. Follow **Brigantine Dr** on into **Hadfield St** then turn right between **houses 67A & 69** and follow the concrete path right down through the bush to the bottom.

At the bottom ***take great care*** crossing the stream (***Note: if you decide not to cross the stream retrace your steps up to Hadfield St and turn right to find the walkway between houses 78 & 76 and continue the walk.***)

Once across the stream walk up the grass of the small headland and turn left into the walkway up to **Poaka St**. Walk up **Poaka St**, turn left into **Hadfield St** and then right between **78 & 76** into the walkway up to **Mariners View**. Continue right up to **Rangitira Rd** once more, turn left and walk back up **Rangitira Rd** to the start.

SHEPHERDS PARK

6000 STEPS / 5 km / 1 Hour - 20 mins for Extended Walk

This is a wonderful introductory walking area with many level tracks and a moderate coastal track around the headland.

EASY TO MODERATE: Use the **Melba St** entrance to **Shepherds Park** and park up to the left of the **Soccer Club** - toilets and ample parking available except when major sporting fixtures are on.

START: From the parking area to the left of the **Soccer Club** take the concrete path to the other side of the playing field.

Turn right onto the level concrete path and at the sign **Oruama Landing** , veer left into the bush then right into a well formed and level bush track.

About **30m along** detour to the left to check out two information pavilions then return to the level track and follow it right out to the headland. (From here on the track varies from even and level to up and down as it follows the coastline).

Take the path to the right and follow this coastal track up and down all the way round to **Beach Haven Rd.**

Turn right into **Beach Haven Rd.** At the **Lancaster Rd** roundabout turn right into **Lancaster Rd** then left into **Melba St** and return to the entrance to **Shepherds Park.**

From this point you can either return to the start or extend the walk as follows:

Just inside the park turn right and take the steps back down to the Coastal Walkway. Turn left into the walkway and keep on this coastal track round past the headland and a number of small tracks down to the water until the track finally meets a gravel road.

Turn left up this road and walk back to the Information pavilions.

Retrace your steps back across the park to the start.

Note that there is a lot of work being done in this area and tracks may be extended or altered.

WINDY RIDGE

6000 STEPS / 5 km / 1 Hour

An interesting walk highlighting some of the less visible bush reserves and the work being done within them by their volunteer supporters – in this case the Kaipataki Project Inc.

MODERATE TO STRENUOUS: Park near substation opposite 97 Eskdale Rd. No toilets available.

START: Enter the **Eskdale Scenic Reserve** next to the substation then take the path to the left to access the track down through **Eskdale Reserve**.

This relatively new track is in good condition and is easy to follow up and down through the bush and alongside the stream all the way down to **Kaipataki Rd**.

Cross **Kaipataki Rd** then walk right to access the bushy path which runs slightly below the road. (Take note of the *green set of steps* on the other side of the road for your return).

Turn left over the bridge and into the beginning of an extensive network of tracks and the work of the **KAIPATAKI PROJECT**. Note the track to the left round to **Manuka Rd** and the beginning of the **Glenfield Coastal** track.

Tracks to the right were not signposted at time of writing so explore as much as desired before retracing your steps back across the bridge and across **Kaipataki Rd**.

Walk to your right back to the green steps and turn left up the steps to exit into **Seaview Rd**.

Continue up to **Chedworth Dr**, turn right and walk down to **Stephanie Close**.

Turn left into **Stephanie** then left again between houses **27 & 29** into the walkway and back into the bush.

Turn left on reaching the main track and retrace your steps back to the start.

GLENFIELD COAST & BUSH

6000 STEPS / 5 km / 1 Hour

This walk explores one of our newest coastal walkways, some little known bush reserves, playgrounds and grassy open spaces.

EASY TO MODERATE: Start from **Manuka Reserve** at the bottom of **Manuka Rd**. Toilets and ample parking available.

START: From the bottom of **Manuka Rd** face **Manuka Reserve**. Walk diagonally to the top right hand corner of the grass to a track down to a bridge and up again to a large grassy area.

Walk up the middle of this grassy area and at the top veer slightly right then stop and get your bearings. This is the end of one section of the **coastal walkway** and you will be returning to it later.

Take the **left hand** track which should be labelled to **Hotspur, Hale and Thistledew**. Follow this track through the bush and down some steps then turn sharply left *before the bridge* to access the track to **Hotspur** and **Lynn Reserve**.

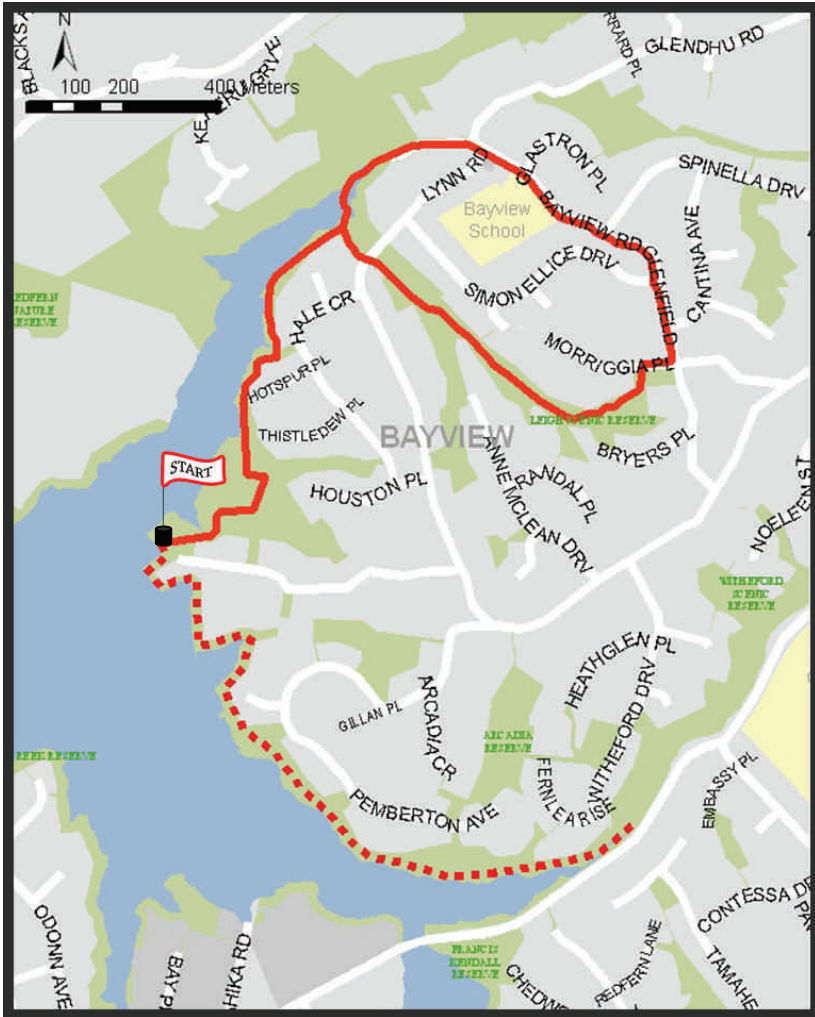
Stay on this track until you reach **Lynn Reserve**. Turn right into the reserve, then cross **Lynn Rd** into the main part of the reserve.

Walk across the reserve to access the bush by a track at the top right hand corner of the grassy area. This well formed track follows up through **Lynn Reserve** and eventually into **Leigh Scenic Reserve**. (No signposts at time of writing).

Turn left at the first major intersection and follow up by a stand of kauri trees to eventually exit into **Morrigga Place**. Turn right, walk to **Bay View Rd**, turn left and walk down **Bay View Rd** to access the **Glenfield Coastal Walkway**.

Follow the walkway back to **Manuka Reserve** and the track convergence noted earlier. Retrace your steps back to the start.

Note: *the Glenfield Coastal Walkway continues from across the end of Manuka Rd right round to Kaipatiki Rd but was under repair at time of writing.*



HIGHBURY & ESKDALE RESERVE

8000 STEPS / 7 km / 1.15 Hour

Venture into the 'wilds' of Highbury and Eskdale with this walk which includes secluded bush reserves and some short but steep tracks. More suitable for walkers who are confident in a bush setting and who can cope with track changes should they arise.

STRENUOUS: Start at **Birkenhead Leisure Centre, Mahara Ave.** Toilets and ample parking available nearby.

START: Walk down the drive to the right behind the grandstand down to the lower sports ground. Cross diagonally to the far left hand corner of the field and pick up a gravel path down to the next grassy level. Keeping to the path to the left walk round to reach the main path into the bush and continue on to reach a bridge.

Take the steep path to the right. Turn sharp left. Pass 2 manhole covers (look for them on your return). Continue and exit by no **98 Parkhill Rd** (look for no 98 coming back).

Turn left down **Parkhill Rd**, right into **Berne PI** and on into **Roseberry Ave.** Just past no **97 Roseberry** turn right into **Ridgewood Reserve** and follow this track to reach a T-junction and take the path to the right.

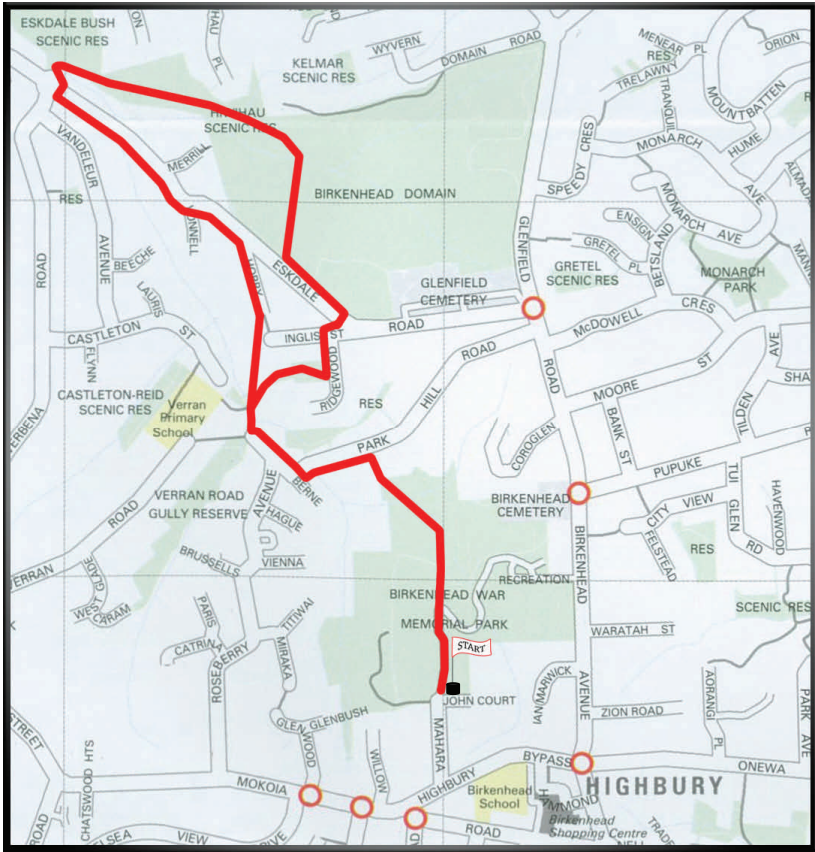
Cross the bridge, then through the bush to a fork. Take either path to exit into **Ridgewood Cres.** Turn left into **Ridgewood Cres**, right into **Inglis St** and left into **Eskdale Rd.**

About 200m down **Eskdale Rd** cross over and enter **Eskdale Nature Park** (signage was very damaged at time of writing). Follow the path along the fenceline and eventually turn into the bush. Continue until you cross a bridge. Turn left at the intersection.

Continue along to some wide steps on the right – go down and continue on this path to some more steps. At this intersection turn left. Continue then cross a bridge. Turn left. Continue along this well formed track to come out on **Eskdale Rd** (substation on right).

Walk up **Eskdale Rd.** Turn right into **Hobby Ave.** Continue to the end and up the path (**Hobby** and **Inglis** meet here). Turn right and go down the concrete path next to **no 29.** Turn left onto a bush track and continue down through the bush and across a bridge. Veer left. Follow the track back to the exit to **Ridgewood Reserve and Roseberry Ave.**

From here you retrace your steps back to the start by turning left into **Berne PI**, left into **Parkhill Rd**, right at no **98** then along the tracks back to the start.



TOTARAVALA & UNSWORTH RESERVE

6000 STEPS / 5 km / 1 Hour

Two of our newest and least known major reserves plus some interesting walkways and minor reserves.

MODERATE TO STRENUOUS: Park at the corner of **Trias Rd** and **Athena Dr** (nearest motorway). No toilets available .

START: Enter **Rewi Alley Reserve** from the corner of **Trias Rd** and **Athena Dr** and at the fork follow the right hand path round and into the park.

Eventually exit into **Athena Dr**, turn left, walk up the hill and cross over to the right into **Cassandra Gr**. Turn right into the walkway between houses **21B & 25** to exit into **Sunset Rd**.

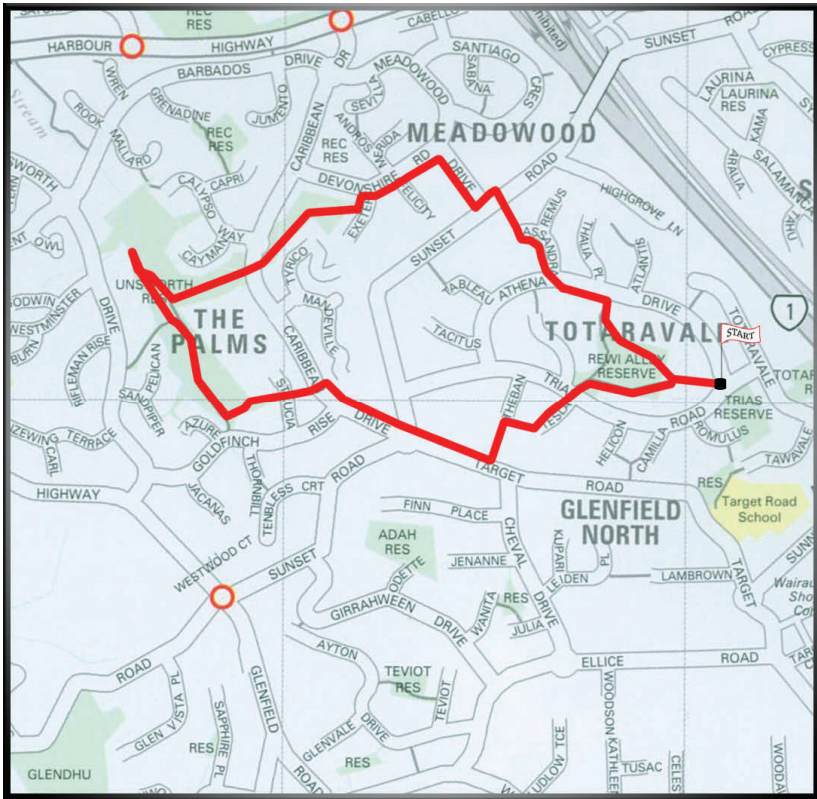
Walk slightly to the left before crossing over **Sunset Rd** into **Meadowood Dr**. Walk down the hill before turning left and walking diagonally across the playground on the corner of **Meadowood Dr** and **Devonshire Rd**. Turn left down **Devonshire Rd** and left again into **Exeter Pl**.

Cross over and keeping to the right of the playground keep on the grass to walk down to the bush area and access the track a few metres down into the bush. Follow this track and take the path to the left at the fork. Continue on this path keeping the stream area on your right to eventually exit into **Caribbean Dr**.

Cross over, walk slightly left, study the noticeboard then take the path to the right down through the bush to eventually reach a track from the right. Turn sharp left here and continue on to eventually exit into the main area of **Unsworth Reserve**. Follow the path to the left up through the park, turn left at the playground and continue through landscaped bush to exit into **St Lucia Pl**. A few metres to the right cross over and into the walkway through to **Caribbean Dr**. Cross over somewhere safe, turn right and walk up the hill and across **Sunset Rd** into **Target Rd**.

Turn left into the walkway between houses **22 & 24** and then immediately right between houses **16 & 14 Theban Pl** to exit into **Tesla Pl**. Turn left down the hill, cross over **Trias** and check out the memorial to **Rewi Alley** to the right of the playground.

Continue on into the reserve, turn right and follow this path back to the start.



EASY LEVEL WALKS

REWI ALLEY RESERVE, TOTARAVALLE:

Level concrete paths, interesting wetland area , playground. No toilets.

MARLBOROUGH PARK:

Extensive level or gently sloping paths. Variety of playgrounds, good parking and all facilities.

STANCICH RESERVE, HILLCREST:

Very interesting bush reserve with level concrete paths and extensive wheelchair-friendly boardwalk through the bush. No toilets.

SMITHS BUSH:

Unique bush reserve with extensive wheelchair-friendly boardwalk throughout the whole reserve. Park near Cricket Club (entrance off Northcote Rd).

ONEPOTO BASIN:

Variety of level paths and interesting features. Ample parking and all facilities.

SHEPHERDS PARK:

Extensive network of level paths. Ample parking, all facilities. Can be crowded during major sporting fixtures.



OLD NOTHCOTE POINT:

A peaceful area with delightful old houses, spectacular views and interesting vantage points near the Harbour Bridge. Very little traffic and footpaths are mainly level. An ideal Winter's stroll.

CHELSEA HERITAGE PARK:

The surrounds of the Chelsea Sugar Refinery are well worth a visit. A comprehensive leaflet is available showing paths, ponds, grassy areas and heritage features of interest. Events are often held here and further developments are planned for the future. Definitely an area to watch.

OTHER WALKS OF INTEREST

The booklet **Harbourside—Walk to Explore 2010** contains a wealth of suggestions and information regarding this area.

Copies are readily available from information centres and libraries. This comprehensive booklet is currently being upgraded and will include a number of innovative developments in the area.

Many attractions have separate information leaflets of their own and these, too, are usually available from libraries and information centres.

Some leaflets are:

- NORTHCOTE POINT HERITAGE WALK
- GLENFIELD HERITAGE WALK
- CHATSWOOD RESERVE
- CHELSEA HERITAGE PARK
- KAURI PT CENTENNIAL PARK
- FERNGLEN NATIVE PLANT GARDENS
- LE ROYS BUSH
- ESKDALE RESERVE
- SMITHS BUSH



USEFUL CONTACTS

FOR THOSE WANTING TO EXTEND THEIR WALKING INTERESTS

JOIN OR START A WALKING GROUP

There are many walking groups on the Shore which cater for a wide variety of interests and levels of fitness. The contact details for most of them can be found on the website of **North Harbour Sport**.

www.harboursport.co.nz

For **Albany Newcomers Network Walking Group** details email

albany@newcomers.co.nz

Other good contacts are the local Community Houses which usually have information on local groups and often encourage the establishment of new groups if nothing suitable is available. The walks in these booklets have proved ideal for new groups trying to get underway.

See your **Local Directory for contact details of Community Houses and Coordinators.**

RECEIVE GUIDANCE ON HOW TO IMPROVE YOUR WALKING FITNESS

North Harbour Sport supports a free exercise programme called Green Prescription (GRX) which provides assistance for inactive adults to get active again. Walking provides a major component of such a programme and a support person will help you set your goals and monitor your progress. A Green Prescription referral can be obtained from your local doctor and your details will be faxed to the GRX Team at Harbour Sport who will contact you and discuss your options to begin a healthier lifestyle.

Alternatively contact **GRX Manager North Harbour Sport 09 415 4610**

FOR THOSE WITH AN INTEREST IN IMPROVEMENT TO WALKING

FACILITIES, ACCESS ETC.

Living Streets Aotearoa is an organisation with an overall interest in all matters to do with walking such as improved access and signage to reserves. It also has input into Local Plans and developments as well as assisting with initiatives such as **Walk2Work Days**.

For further details contact www.livingstreets.org.nz

EXPLORE THE SHORE

is a collection of walks located on Auckland's North Shore.

Compiled by an experienced local, Margaret Scrymgeour, the walks in this free booklet are an excellent way to experience your neighbourhood and your community.

COLLECT THE 'EXPLORE THE SHORE' SERIES

VOL 1 — ALBANY AND GREENHITHE AREA WALKS

VOL 2 — BAYS TO DEVONPORT AREA WALKS

VOL 3 — KAIPATAKI AREA WALKS

Available from Libraries and Information Centres

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